

**NATIONAL INSURANCE AND SOCIAL SECURITY ACT CHAPTER 36:01**  
(In according with the national and Social Security (Medical Certification)  
Regulations No. 36 of 1969)

**MEDICAL CERTIFICATE – POST CONFINEMENT**

I, .....

A duly qualified registered medical practitioner, hereby certify that

\* Miss/Mrs. ....  
(Name)

of .....  
(Address)

was examined by me on .....  
at ..... for the \*first/second .....  
time and in my opinion she was at the time of examination suffering from .....  
..... Which has resulted from her  
\*pregnancy/confinement.

As a result she –

(a) will be fit to resume work \*today/tomorrow/on .....  
..... or

(b) Will remain incapable of work for a period of ..... days.

Any other remarks by doctor: .....  
.....  
.....  
.....

.....  
Date ..... Doctor's Signature .....

Address: .....  
.....

- \* Delete where inapplicable
- \*\* The date indicated must not be more that seven days (Public Holidays, including Sundays included) after the date of examination.
- \* The period entered must not exceed 14 days (Public Holidays, including Sundays included) in the case of a first or second certificate or 28 days for a third or subsequent certificate.

**CLAIM FOR EXTENDED MATERNITY ALLOWANCE**

I, the undersigned hereby apply for extended maternity allowance under the National Insurance and Social Security (Amendment) Act, 1986, and furnish a medical certificate at back hereof and the following particulars: -

1. My full name is (in BLOCK LETTERS) .....
2. My address is .....
3. My National Insurance Number is .....
4. My employer is .....
5. My occupation is/was .....
6. I last worked there on .....
7. I was confined on .....

I declare that the information given above is true and correct to the best of my knowledge and belief.

Date: .....  
Signature or Mark of Claimant

Note: Where the claimant cannot sign her name she should make her mark and have it witnessed by a responsible person (Doctor, Lawyer, Teacher, Justice of Peace etc.) who should complete the dotted lines below.

Signature of Witness or mark: .....

Profession or occupation: .....

Address: .....

Date: .....